



Knightline 5300

Division 5

www.kc5300.org



Volume 50, Issue No. 9

GOLETA VALLEY COUNCIL 5300 – 1961 - 2011

March 2011

1st Degree Exemplification: 2 new Knights



Pictured: (from left to right) New 1st Degree Knights, David Gorman (13756) and Albert "Al" Gregson (5300). Photo by GK Mark Vampola.

Picture and Article Submissions need to be in by the 20th of the month

All articles are to be submitted to:

Grand Knight Mark Vampola
 vamperz@cox.net
Deputy Grand Ed Barrier
Knight
(805) 683-4534 ebarrier@att.net

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Grand Knight's Report



By Mark Vampola, Grand Knight

As we enter this Lenten Season of 2011, it is time to reflect upon all the sacrifices our Lord and Savior made for us, knowing that this was ultimately his path to the glorification of God's words and also to our salvation. This is a time where we often subject ourselves to a penance of our own choosing; to remember the sacrifice and suffering that Our Lord Jesus did for us, as well as a means to humble ourselves before the Lord, for he is truly the reason for our existence.

Our annual **Lenten Fish Fries** are rapidly approaching. We will need plenty of extra hands to help Brother Mike Donovan make this another successful year. Pass the word around too. Invite all your Family and Friends and let them know what a fantastic Fish dinner this is, and at such a low price too! See the Calendar for all the dates.

Please congratulate our newest member, Albert "Al" Gregson. Last month on Valentine's Day, we held a First Degree, where we welcomed him and David Gorman a new member for the Carpinteria Council, into our Order. Al has lived his entire life here in the Santa Barbara area. He was baptized at Our

(Continued on page 3)

Pray the Rosary



Program Director's Report
By Ed Barrier, Deputy Grand Knight

Dear Brother Knights,

So far, I have received no response to the Member Survey (see page 10) regarding how to improve our events or add new events to our current and future Columbian years. I'm hoping to have the form on our website. I urge you to take a few moments of your time to fill out the survey. We showcase our events (such as the Fiesta Coke booth, Pancake Breakfasts, Lenten Fish Fries, Blood Drives and so on) to prospective recruits and new members so that they know what our Council does and how we support our core values. As their
(Continued on page 4)

Schedule of Events

March, 2011

03/07/11	Monday	Officers' Meeting at Conference Room 8:00 PM.
03/09/11	Wednesday	Ash Wednesday
03/11/11	Friday	Lenten Fish Fry 6:00 PM Parish Hall
03/13/11	Sunday	K of C Parish Breakfast from 7:30 AM until 11 AM.
03/14/11	Monday	K of C 5300 Business Meeting, 8:30 PM at Parish Hall.
03/18/11	Friday	Lenten Fish Fry 6:00 PM Parish Hall
03/19/11	Saturday	St. Patrick's Day Dinner-Parish Hall 6:30 PM
03/25/11	Friday	Lenten Fish Fry 6:00 PM Parish Hall

April, 2011

04/01/11	Friday	Lenten Fish Fry 6:00 PM Parish Hall
04/04/11	Monday	Officers' Meeting at Conference Room 8:00 PM.
04/08/11	Friday	Lenten Fish Fry 6:00 PM Parish Hall
04/10/11	Sunday	K of C Parish Breakfast from 8:30 AM until 11 AM. Blood Drive from 8:00 AM until 12 PM
04/11/11	Monday	K of C 5300 Business Meeting, 7:30 PM at Parish Hall.
04/15/11	Friday	Lenten Fish Fry 6:00 PM Parish Hall
04/22/11	Friday	Good Friday
04/24/11	Sunday	Easter Sunday

May, 2011

05/02/11	Monday	Officers' Meeting at Conference Room 8:00 PM.
05/02/11	Monday	Golf Tournament-Glen Annie Golf Course 10:30 AM
05/07/11	Saturday	Mother's Day Orchids distribution at 5:30 PM Mass, St. Raphael's
05/08/11	Sunday	Mother's Day Orchids distribution at all Masses, St. Raphael's
05/08/11	Sunday	K of C Parish Breakfast from 8:30 AM until 11 AM.
05/09/11	Monday	K of C 5300 Business Meeting, 7:30 PM at Parish Hall.
05/29/11	Monday	Corporate Communion
05/30/11	Monday	Memorial Day Picnic-Tucker's Grove 1:30 PM



Chancellor's Report
SK Jack Turney, Chancellor

Below find a listing of people that we should be praying for:

Ray Tafelski, member of Council 5300, who is in the care of hospice, SK Bernie Jochum, SK Len Cruess who now resides at Wood Glen Hall, Santa Barbara, SK Steve Schlesselmann for his continuing recovery, SK Ralph Modugno and his wife, Helen, SK Sam Alfano, SK Jim Wasil, SK Val Taylor, Judy Klinge, the wife of SK Brian Klinge, John Sternot, SK Thomas Bauer who is currently deployed in the Navy, Terry Pugh, wife of Earl Pugh, for the mother of SK John Bravo, Ray Villa and Socorro Sieckmann, brother-in-law and sister-in-law to SK Felix Sanchez. Nancy Herrera, widow of SK Pablo Herrera, Judy Campbell, widow of one of our deceased Sir Knights. Also for the mother of SK Francisco Cabrera, as well as the rest of the family having to deal with the effects of Alzheimer's.

Pray also for our Pastors, Fr. Bruce and Fr. Lawrence, as they guide us (the Parish Community) down our Spiritual Path.

If you know of anybody in need of our prayers please feel free to contact me at 967 9473.

(Grand Knight's Report, continued from page 1)

Lady of Sorrows. He and his wife Roxanne live here in Goleta, where they attend St. Raphael Church and have thus far put all their children into St. Raphael School, including their oldest son Jack who now attends Bishop Diego HS. Al is a Firefighter, currently working for the Montecito-Carpinteria Fire Department.

Our Third Annual Golf Tournament is currently in the process of being set up by brothers Tim Hogan and John Peyton. The date will be in early May, at Glen Annie Golf Course, with a cost of \$125 per person, including dinner at the golf course. This is a fundraiser The Knights of Columbus puts on as a

benefit for St. Raphael's Church. All proceeds go directly to the church. As we have for the last few years, each hole on the course can be sponsored for \$100. Again, I will sponsor a hole, and I ask that all Grand Knights see if they are also able to sponsor a hole or do so in conjunction with other Grand Knights. We will also need prizes for the auction, if anyone has any contacts or means to acquire some items to auction off. You can contact Tim Hogan for more information at t4210@cox.net or 683-6344.



Insurance Agent's Report
David Farebrother, Field Agent

Ask Eligible Men to Join

Usually, I use this space to talk about our safe, secure life insurance, retirement and long-term care products. This time, I want to address the growth of the Order. All of us know this is the fuel that keeps this great fraternal engine running. All of our charitable works in the council, state, national and international level are accomplished thanks to our hard-working members.

We also recognize that the membership blitz is a tried and true way for councils to increase their numbers. We see these pushes often in March, in celebration of Founder's Day, and again in October, in celebration of Columbus Day. These drives are successful because brother Knights are more visible than normal, during and after Masses and at special events. We remember to ask each and every Catholic gentleman to join our ranks for the good of the Church, community and Order.

During the rest of the year, we often "forget" to ask men to join our ranks and bring their families in the Knights of Columbus family. You probably know an eligible Catholic man you could ask today. Chances are that the only reason he hasn't joined already is because no one asked him.

When telling a prospect about the strengths of the Order, don't forget our greatest fraternal benefit: our insurance program. This is often an interesting "selling point" to a potential member who is on the fence. Many members come into the Knighthood simply to be able to buy coverage for their family.

Soon after, they realize the good our charitable works for their community and they are hooked.

As your professional Knights of Columbus insurance agent, I look forward to helping us grow in fraternity in any way I can.

David L. Farebrother, FICF

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Knights of Columbus
INSURANCE
Making a difference for life.

March Birthdays

Dennis I. Paulazzo	01-Mar
Mansfield H. Turney	01-Mar
Thomas L. Cordeiro	02-Mar
William B. Regis	03-Mar
David T. Varesio	04-Mar
Jack E. Ward	05-Mar
Lawrence W. Torres	14-Mar
Frederick W. Brokaski	25-Mar
William Mc Namara	26-Mar
Jeffrey C. Barkhorn	30-Mar

(Program Director's Report-Continued from Page 2)

interests in being members of our Council increases, participation increases and our visibility increases. Another reminder is that four main events are coming up. The St. Patrick's Day Dinner, the Lenten Fish Fry, the Bill McLafferty Memorial Golf Tournament, and the Mother's Day Orchid Distribution.

Here are the main people to contact if you want to help or volunteer in these events:

- St. Patrick's Day Dinner: Brother John Peyton (964-1685)
- Lenten Fish Fries: Brother Mike Donovan (967-9506), Fish Fry Chairman.
- Bill McLafferty Golf Tournament: Brother Jack Turney (967-9473) or Brother Tim Hogan (see GK Report).
- Orchid Distribution: Brother Sam Alfano (967-0595).

I would like to mention as well that the Pancake Breakfast is coming up in March. Who to contact:

- Pancake Breakfast: Brother Jim Bradbury (964-8001)

In conclusion, I would urge people to volunteer and participate for the 40 Days for Life event. This is a pro-life event. For more details, please read the article written by Brother Paul Curzan.

Also, please remember in your prayers Sister Sylvianne Mattern, OSF (Ordinis Sancti Francisci), who served 24 years at St. Francis Hospital and later became the CEO at St. Francis. She recently passed away in January of this year at the age of 94. Her fundraising efforts helped keep St. Francis in operation for many years, continuing the hospital's mission of serving the community. This continues today with the St. Francis Foundation. A full article about her service to the community can be found on the Santa Barbara Independent's website:

<http://www.independent.com/news/2011/feb/10/sister-sylvianne-mattern-1916-2011/>

Your Help is Desperately Needed to Save Lives!
Sign up now for '40 Days for Life'

By Paul Curzan, 3rd Degree Knight



Abby Johnson and Shawn Carney stand outside the Planned Parenthood clinic in Bryan, Texas, where Johnson once worked as director. She now prays with fellow 40 Days for Life volunteers for the clinic's closing.

What exactly is 40 Days for Life and how can you become involved?

This spring, for the first time ever, the citizens of Goleta and Santa Barbara will have the opportunity to

participate in an International Campaign known as 40 Days for Life. It is the perfect opportunity to stand up for the life of the unborn through fasting and a prayer vigil that will be conducted outside of Planned Parenthood on Garden Street in Santa Barbara. While this event has taken place in the surrounding cities of Ventura and Santa Maria in past years, this is the first time that local pro-life leaders are organizing a campaign in our own area. Each local Parish has been assigned one day of the week to provide people to pray outside of the downtown abortion facility. Help is needed so that each hour that Planned Parenthood is operating will be covered with prayer warriors whose sole task is to pray for an end to abortion and in so doing, give witness to the women entering the abortion facility as well as the persons working there.

Here are a few exciting facts about 40 Days for Life:

Beginning this Ash Wednesday, 243 cities -- reaching from coast to coast in the United States, plus Canada, England, Ireland, Australia, Belize, Spain, Georgia and Armenia -- will simultaneously launch local 40 Days for Life campaigns.

Overall this upcoming 40 Days for Life will shatter ALL previous records since this spring's 40 Days for Life campaign represents a staggering 45% INCREASE in participating cities compared with last spring's effort in 167 locations.

The coordinated international campaign will be conducted from March 9 through April 17, coinciding with the Christian season of Lent -- and will be the largest and longest coordinated pro-life mobilization in history!

Here is a quick summary of the blessings that God has provided through seven previous coordinated 40 Days for Life campaigns:

- * 400,000 have joined to pray and fast for an end to abortion
- * 13,000+ church congregations of all denominations have participated in 40 Days for Life campaigns
- * Reports document 3,599 lives that have been spared from abortion -- and those are just the ones we know about.
- * 43 abortion workers have quit their jobs and walked away from the abortion industry
- * Nine abortion facilities completely shut down

following local 40 Days for Life campaigns

- * Women and men have been spared from the effects of abortion, including a lifetime of regrets
- * More than 1,200 news stories have been featured in radio shows, newspapers, magazines and TV programs
- * Many people with past abortion experiences have begun post-abortion healing and recovery
- * After 38 years of legalized abortion, people of faith are experiencing a renewed sense of HOPE!

40 Days for Life began in Bryan and College Station Texas in 2004. This interfaith endeavor is aimed at ending abortion and includes three components: prayer and fasting, peaceful vigil and community outreach. While local Catholics are leading the coordination effort here in the Santa Barbara area, a significant number of other Christian pro-life Churches are expected to participate as well.

The National Campaign Director of 40 Days for Life, Shawn Carney, is a brother Knight from the Fredericksburg, Virginia Council 4034. An article in the January 2011 edition of the Knights of Columbus 'Columbia' magazine highlights Shawn and the 40 Days for Life campaign (see pages 24 & 25). In Shawn's own words, "The Knights of Columbus have been vital in spreading the 40 Days for Life campaign. It is the responsibility of the Knights to defend the Church and to defend women." When communities participate in 40 Days for Life, local K of C units and individual Knights are frequently among the most active volunteers.

You can go on-line and learn much more about 40 Days for Life at

<http://www.40daysforlife.com/about.cfm?selected=welcome>

The campaign has been endorsed by a large number of prominent national pro-life figures including Fr. Frank Pavone, National Director of Priests for Life and Pastoral Director of Silent No More Awareness Campaign and Rachel's Vineyard Ministries as well as Norma McCorvey, the former "Roe" of Roe v. Wade, who is currently president of Crossing Over Ministries.

Our local campaign, headed by Rita Duley of St. Raphael's Parish, is urgently seeking help in carrying out the prayer vigil at the local Planned Parenthood abortion clinic located on lower Garden St. in Santa Barbara. It is sincerely hoped that a large number of

brother Knights and their families will respond and participate in this life-saving endeavor. You will be hearing more about this campaign through St. Raphael's and other local Catholic Churches. Please consider signing up for one hour a week to pray outside of Planned Parenthood.

Volunteers are needed for **the same ONE HOUR time slot ONCE A WEEK DURING LENT (Mar 9 - April 17). The hours of the Santa Barbara campaign are: Sunday, Monday, Wed. Friday and Sat. from 8:00 - 5:00pm and Tuesday and Thursdays from 8:00am - 8:00pm.**

St. Raphael's has been assigned each Thursday during Lent. Other Churches will be taking other days of the week. You can sign up for any time slot you may have available. Whatever time you can devote to this worthy cause is vitally needed. Sign-ups can be made by contacting Rita Duley at (805) 964-0121. She will also be able to answer any questions you may have. Please prayerfully consider participating. You will be helping to save precious lives!



Announcements

Adoration of the Blessed Sacrament (Times and Locations):

Mon, Tues, Wed: Bishop High Chapel, 8:00 AM-8:00 PM.

Wed: Our Lady of Sorrows: 12:45-6:00 PM.

Thurs: Holy Cross, 1:00 PM-7:00 PM.

Thurs (1st): Chapel of the Poor Clares, 4:00 PM for 24 Hours.

Fri (each): Our Lady of Guadalupe, 6:00 PM-8:00 PM, SB Mission, 4:00 PM -5:00 PM

Fri (1st): St. Raphael's Church, 24 Hour Exposition begins at 8:00 AM, San Roque, 9:00 AM- 10:00 AM, St. Mark's, 5:45 PM – 7:00 PM.

Sat (1st): St. Raphael's Church, Benediction 8:00 AM.

Sun & Holy Days: Chapel of the Poor Clares, all day.

Living in Truth

Our work and civic responsibilities are rooted in human dignity and the common good

The 34th installment of Supreme Chaplain Bishop William E. Lori's faith formation program addresses [questions 503-520 & 531-533](#) of the *Compendium of the Catechism of the Catholic Church*.

(from the February edition of the Columbia Magazine)

Experience teaches us that "honesty is the best policy." A moment's reflection reminds us of the importance of honesty and integrity in our personal lives, our work and our relationships. When our word is our bond, we build trust, engender cooperation and serve the common good.

Truthfulness, of course, is not just a matter of words; it is a way of life. St. Paul speaks of "living the truth in love" (Eph 4:15), and Pope Benedict XVI aptly named his encyclical on the Church's social teaching *Caritas in Veritate* (*Charity in Truth*). True to the vision of Venerable Michael McGivney, we must seek to live the truth in charity and charity in truth.

By contrast, experience teaches how destructive deception can be. How many marriages, careers, businesses and institutions have been tarnished or ruined by a lack of honesty? Deception complicates life and undermines a person's good work. Yet, in a highly competitive and self-centered culture often marked by greed and fear, it is easy for people to fall into the habit of telling lies.

The *Compendium of the Catechism of the Catholic Church* helps us see that each person has a duty to sincerely seek the truth and to live according to it.

HIDE NOTHING FROM GOD

We know that Jesus is "the way, the truth, and the life" (Jn 14:16). As followers of Christ, therefore, we must guard against duplicity, deception and hypocrisy (*Compendium*, 521).

Among other things, this means that we must not "compartmentalize" our lives, hiding aspects of our lives from the truth of God's word. For example, a man may appear to be a loving spouse and father at home but still be a scoundrel at work. Eventually, his bad behavior at work will impinge on his family. Thus, a Christian must "bear witness to the truth of

the Gospel in every field of his activity, both public and private, and also if necessary, with his very life" (522).

Each of us must ask for the light of Christ's grace to shine in the darkened corners of our souls so that we hide nothing from God or ourselves. In doing so, we bear witness to Christ's truth and love to others with a clear conscience. Fundamental to this witness is observing the Eighth Commandment — "You shall not bear false witness against your neighbor."

This commandment forbids all forms of deception and dishonesty, including false witness, perjury and lying. False witness means providing dishonest testimony either for or against another person; perjury refers to lying under oath, such as in a court of law; and lying is defined as failing to tell the truth, speaking an outright falsehood or distorting the truth in the ordinary circumstances of daily life.

Of course, some lies are more serious than others. Perjury on the part of a witness that sends an innocent defendant to prison for the rest of his life is more serious than lying about one's age. "Gilding the lily" when trying to help a colleague land a job is less serious than speaking falsehoods that lead to a co-worker being fired. The gravity of false witness, perjury or any lie "is measured by the truth it deforms, the circumstances, the intentions of the one who lies, and the harm suffered by its victims" (523).

JUSTICE AND CHARITY

The Eighth Commandment also forbids rash judgment, slander, defamation and calumny. Jesus has shown us a love that is patient and merciful, yet it is easy for us to judge others and engage in gossip that tears down their reputation. Whether this gossip is true, false or only partially true, what these immoral forms of speech have in common is their maliciousness — the use of one's tongue as a weapon. This has no place in our lives as followers of Christ. Then there is flattery, adulation and complaisance. Flattery and adulation involve paying undue compliments or heaping false praise upon others. Both are dishonest ways of speaking aimed at reaping some advantage that we would otherwise not acquire. Complaisance has to do with being overly agreeable to another's wishes or actions, even when we know them to be morally flawed (523).

Obedying the Eighth Commandment, of course, does not mean telling everyone everything we know. Rather, it "requires respect for truth accompanied by

the discretion of charity" (524). Those who work in the media have a responsibility to present information that is "true and — within the limits of justice and charity — also complete" (525). Yet, in today's 24-hour news cycle and the world of social networking, information is often shared without any regard for legitimate privacy rights, human dignity or the common good. Things such as doctor-patient confidentiality should be observed, and information given under the seal of secrecy should be respected (524).

Finally, works of art should also lead us to the truth. Pope John Paul II captured the relationship between truth and beauty in the title of his 1993 encyclical on morality, *Veritatis Splendor* (*The Splendor of Truth*). That which is true is beautiful, and that which is truly beautiful is true. Thus, artistic works, including painting and music, should evoke something of the truth and beauty of God. In this connection, we can readily see the importance of religious art, which is aimed at glorifying God, whose beauty, truth and love were made visible in Christ (526)



KNIGHTS OF COLUMBUS, COUNCIL 5300 OFFICERS FOR YEAR 2010-2011

Grand Knight	Mark Vampola	(805) 708-2631	vamperz@cox.net
Chaplain	Msgr. Stephen Downes	(805) 969-6868	sdownes25@aol.com
Deputy Grand Knight	Ed Barrier	(805) 683-4534	ebarrier@att.net
Chancellor	Jack Turney	(805) 967-9473	jacknchrista@verizon.net
Warden	Jim Bradbury	(805) 964-8001	cowbou@cox.net
Advocate	Patrick Donohoe	(805) 698-6102	
Recorder	John Peyton	(805) 964-1685	jpeyton999@msn.com
Financial Secretary	Chris Arnoult	(805) 964-6324	francisarnoult@cox.net
Treasurer	Joseph Darga	(805) 964-3264	newheart1229@cox.net
Lecturer	Joe Bauer		
Outside Guard	Jose Meza	(805) 682-8637	
Inside Guard	Raphael Cardenas	(805) 967-2309	ggcon51@cox.net
Trustee-Three Years	Daniel Knauss	(805) 964-2442	daniel@gvoptical.com
Trustee-Two Years	Francisco Cabrera	(805) 964-9485	fcocabrera@cox.net
Trustee-One Year	Stephen Schlesselmann	(805) 968-9440	sjschlesselmann@cox.net

SERVICE PROGRAM ORGANIZATIONS

Program Director	Ed Barrier	(805) 683-4534	ebarrier@att.net
Church Director	Vacant		
Community Director	Vacant		
Council Director	Tim Hogan	(805) 683-6344	t4210@cox.net
Family Director	Vacant		
Youth Director	John Vasellina	(805) 964-3466	srym12@yahoo.com
Pro-Life Couple	Robert & Cecilia Marks	(805) 968-6008	bobceci_marks@yahoo.com
Membership Director	Sam Alfano	(805) 967-0595	r123range1@cox.net

OTHER IMPORTANT CONTACTS

Supreme Knight	Carl Anderson	(203) 772-2130	info@kofc.org
State Deputy	Ivan Reek		state.deputy@kofc-california.org
District Deputy	Ernie Guzman	(805) 320-8452	ernieguz@sbcglobal.net
Faithful Navigator	Bill Furher	(805) 683-4236	fuhreklnsk@msn.com
Insurance Field Agent	David Farebrother	(805) 684-0053	dlfarebrother@aol.com

CALLING COMMITTEE-COLUMBIAN YEAR 2010-2011

Abels-Bunke	Mary Arnoult	(805) 964-6324	fcarnoult@juno.com
Cabrera-De Ponce	Vacant	(805) 683-4546	
Diani-Hazher	Evelina Curzan	(805) 964-4493	dutchevy@cox.net
Hernandez-Lima	Patty Salcedo	(805) 245-2545	patty_lopez@hotmail.com
Liponi-Modugno	Jacqueline Knauss	(805) 964-2442	jackie@gvoptical.com
Moiso-Nungaray	Elaine McNamara	(805) 964-4526	billmcnamara@alum.mit.edu
Osborne-Ruiz	Chawa Ramirez	(805) 964-3775	
Salcedo-Turney	Julie Sanchez	(805) 964-3398	
Uhte-Znovena	Vacant		

ED
101-110

Saint Patrick's Day Celebration

Social - Dinner - Music - Fun - Raffle



IRISH PUB STYLE

benefitting

Saint Vincent de Paul Society

St. Raphael Conference

Saturday, March 19, 2011

Social time: 6:30 pm

Dinner Buffet: 7:00 pm

St. Raphael's Parish Hall

Traditional Irish Menu-Pub Style

Corned Beef and Cabbage

Irish Soda Bread

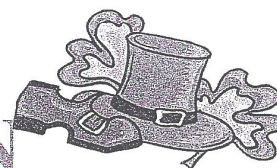
Pre-sale only- \$15.00 by Mar.1; \$20.00 by Mar. 15

(under 18 yrs - \$10.00)

Tickets available in Parish office

Or Sam Alfano: 967-0595

Wear your GREEN



Sponsored by Knights of Columbus Council 5300



MEMBER INTEREST SURVEY

WHEN A KNIGHTS ACTS SELFLESSLY, HE ACTS ON BEHALF OF THE WORLD

As a member of this council, you are our greatest asset. We value your judgment, we appreciate your opinions, and we rely on your participation for continued success. Since joining the Knights of Columbus, you have undoubtedly become familiar with many of our varied programs of involvement — programs where you can personally apply your talents and fulfill your ambitions. In an effort to satisfy your desires and interests, we ask that you complete the following survey and return it to our program director for evaluation and action.

GENERAL INFORMATION

Date: _____

Name: _____

Street Address: _____

City: _____ State or Province: _____ Zip: _____

Home Phone: _____ Work Phone: _____ E-Mail: _____

SERVICE PROGRAM INVOLVEMENT

Please list your preferences for possible committee assignments.
Mark those areas which you find exciting, challenging and promising.

PROGRAMS

CHURCH	COMMUNITY	COUNCIL	FAMILY	YOUTH
<input type="checkbox"/> Vocations	<input type="checkbox"/> Pro-Life	<input type="checkbox"/> Public Relations	<input type="checkbox"/> Survivor's Assistance	<input type="checkbox"/> Columbian Squires
<input type="checkbox"/> Parochial Services	<input type="checkbox"/> Health Services	<input type="checkbox"/> Fraternalism	<input type="checkbox"/> Family of the Month/Year	<input type="checkbox"/> Youth Groups
<input type="checkbox"/> Religious Devotions	<input type="checkbox"/> Civic Involvement	<input type="checkbox"/> Blood Donors	<input type="checkbox"/> Memorials	<input type="checkbox"/> Educational Programs
<input type="checkbox"/> Lay Apostolate	<input type="checkbox"/> Decency	<input type="checkbox"/> Social	<input type="checkbox"/> Education	<input type="checkbox"/> Athletics
<input type="checkbox"/> Parish Round Table	<input type="checkbox"/> Human Needs	<input type="checkbox"/> Athletics	<input type="checkbox"/> Communications	<input type="checkbox"/> Religious Activities
<input type="checkbox"/> Christ in Christmas	<input type="checkbox"/> Public Safety	<input type="checkbox"/> Cultural Events	<input type="checkbox"/> Recreation	<input type="checkbox"/> Social Activities
<input type="checkbox"/> Other, Specify: _____	<input type="checkbox"/> Other, Specify: _____	<input type="checkbox"/> Other, Specify: _____	<input type="checkbox"/> Other, Specify: _____	<input type="checkbox"/> Other, Specify: _____

MEMBERSHIP

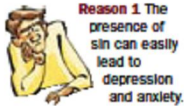
☐ Recruitment ☐ Retention ☐ Insurance Promotion ☐ Admission Committee ☐ Ceremonials

In your opinion, how can our council improve existing programs? Please be specific.

INSURANCE PARTICIPATION

☐ Non-Insurance Member If you are not currently enrolled as an insurance member, would you like a Supreme Council Insurance Representative to contact you to explain the many benefits available through the Order's insurance program? ☐ Yes ☐ No

☐ Insurance Member If you are an insurance member, would you like a Supreme Council Insurance Representative to contact you to explain new and additional benefits available through the Order's insurance program? ☐ Yes ☐ No



Reason 1 The presence of sin can easily lead to depression and anxiety.

Reason 2 You shower to show respect for those around you. Cleansing your soul makes you better to be around, too!



Step 1 Examine your conscience ... using the Ten Commandments or an available guide.

Reason 3 Mortal sin, unconfessed, "causes exclusion from Christ's Kingdom and the eternal death of hell, for our freedom has the power to make choices forever, with no turning back" (Catechism, No. 1861).

Reason 4 As they leave the confessional, people smile a smile of freedom.

Step 2 You have the choice of facing the priest (if he offers the option) or speaking through a screen.

Confession Definition
"For a sin to be mortal, three conditions must together be met: 'Mortal sin is sin whose object is grave matter and which is also committed with full knowledge and deliberate consent'" (Catechism of the Catholic Church, No. 1857).



Reason 5 Because love means having to say you are sorry to the one you love.

Step 3 There are no special words you need to say. Greet the priest, and tell him how long it has been since your last confession. If it's been a while, he'll help you.

Reason 6 You will grow in humility, sincerity and self-knowledge.



Reason 7 Blessed Mother Teresa went. Frequently.

Reason 8 Hoping to convert on your deathbed? That's not very likely. Most likely, you will die as you lived.

Reason 9 It is itself a serious sin to go to Communion if you have serious sin on your soul and have not asked for forgiveness in confession.

Step 4 Be concise, clear, complete and contrite. You have to confess mortal sins and give a sense of how often. Don't be embarrassed. You're not going to tell the priest anything he hasn't already heard.

How (and Why) to Return to Confession



Concerns & Answers

Can't I talk to God directly, not a priest, to get forgiveness?

Not according to the Bible. Read John 20:21-23; 2 Corinthians 2:10; and 2 Corinthians 5:18.

If God knows everything we do, then how come we have to go to confession?

You may know your younger brother broke your CD player, but wouldn't it be aggravating if he knew you knew, but still didn't say, "I'm sorry?"

Doesn't God forgive no matter what?

If we think of sin as merely breaking rules, it is

hard to understand why God can't just "look the other way." But sin is real; it hurts us and makes us distant from him — and unable to enter heaven. We can only be restored if we confess.

Confession just gives people the idea that it's all right to sin as long as you're sorry later.

If a man is confessing drunkenness while he has plans with his buddies to go barhopping and get drunk again the coming weekend, he can't be forgiven. He has to have decided to stop. Confession stops sins; it doesn't start them.

Step 5 The priest won't scold you. In fact, if you've had a tough confession, he'll show you extra care.

Your penance won't be harsh.



Reason 10 Don't be scared to death of confession. Be scared of death without confession.

Grave Matter What constitutes "grave matter"? Some common sins: Missing Sunday Mass, any sex outside marriage (including pornography and masturbation), serious theft, abortion and contraception, defamation of character, purposely getting drunk.

Step 6 Then you'll make an act of contrition. Look in a prayer book for a longer one, or simply say: "Jesus, I am truly sorry for my sins and, with your grace, I will try to sin no more."



Step 7 Do your penance right away, before leaving the church if possible.



Reason 11 Be strong. Face your sins, deal with them and move on.

Step 8 Christ has forgiven and forgotten your sins, and the angels and saints are having a party to celebrate.



Reason 12 Make sure there are no unpleasant surprises at your particular judgment or at the Final Judgment.



Reason 13 The priest will listen to your sins and will never tell a soul on pain of losing his soul. Priests even learn to forget what they hear.

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