



Knightline 5300

Division 5
www.kc5300.org



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GOLETA VALLEY COUNCIL 5300 – 1961 - 2008

September, 2008

Fiesta Coke Booth – July 30-August 2, 2008



From July 30 to August 2, 2008, Council 5300 once again staffed a soda booth at De La Guerra Plaza. Everyone who participated had a great time and the proceeds set a record for the best year ever! Congratulations to DGK Bill McLafferty and his many hard workers.

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GRAND KNIGHT'S REPORT

By Dan Knauss, Grand Knight



Dear fellow Brother Knights of Columbus,

His Hands

His Hands tools of creation
Stronger than nations
Power without end
And yet through them, We find our truest Friend

His Hands Sermons of kindness
Healing men's blindness
Halting years of pain
children waiting to be held again

His Hands would serve His whole life through
Showing man what hands might do
Giving, ever giving endlessly

Each day was filled with selflessness
And I'll not rest
Til I make my hands what they could be
Like the ones from Galilee

His Hands Warming a beggar
Lifting a leper
Calling back the dead
Breaking bread Five thousand fed

(Continued on page 12)



Program Director's Report
By Bill McLafferty, Deputy Grand Knight

The decision was made to cancel the Oktoberfest event scheduled for September and use the Oktoberfest theme at the social event to be held on the last Monday in October. The last social was held on August 25th with a Hawaiian theme and Mike and Mirtha Donovan along with the Cabrera and Knauss Families are to be congratulated for hosting a very successful and fun party. Hula hoops were everywhere (literally) and almost everyone including Cherif pushed and ground their hips to the limit. Prizes were awarded to the best performers. The musical entertainment was enjoyable and the island dancing ladies were fun to watch. Jim Bradbury and his assistants barbecued teriyaki chicken and pork and are to be commended for a great meal. It was another successful family social event and more will be scheduled in the future. This concept of the family social was inaugurated last year under the leadership of Grand Knight Francisco Cabrera and it is continuing on our regular calendar for this Columbian year by Grand Knight Dan Knauss. If you haven't attended one of these socials, you have missed a great time. Try to attend the Oktoberfest social in October.

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September, 2008

09/01/08	Monday	Labor Day Picnic, Tucker's Grove, 1:30 PM
09/02/08	Tuesday	K of C Officers' Meeting, 8:00 PM
09/03/08	Wednesday	Los Padres Chapter Installation of Officers, Serra Hall, 6 PM
09/05/08	Friday	24-Hour Adoration
09/08/08	Monday	K of C 5300 Business Meeting, 7:30 PM/1 st Degree
09/14/08	Sunday	K of C Parish Breakfast from 8:30 AM until 11 AM
09/15/08	Monday	Blue Mass-St. Raphael's Church, 6 PM
09/21/08	Sunday	Third Degree-Serra Hall, 2 PM
09/28/08	Sunday	Parish Picnic-Tri-Tip/Beer/Nachos-St. Raphael's School Grounds

October, 2008

10/03/08	Friday	24-Hour Adoration
10/06/08	Monday	K of C Officers' Meeting, 8:00 PM
10/12/08	Sunday	K of C Parish Breakfast from 8:30 AM until 11 AM
10/13/08	Monday	K of C 5300 Business Meeting, 7:30 PM
10/18/08	Saturday	Columbus Day Dinner
10/27/08	Monday	Family Dinner Social (Oktoberfest/Halloween Theme)

November, 2008

11/03/08	Monday	K of C Officers' Meeting, 8:00 PM
11/04/08	Tuesday	Election Day-Polling Place Duty
11/07/08	Friday	24-Hour Adoration
11/08/08	Sunday	K of C Parish Breakfast from 8:30 AM until 11 AM
11/09/08	Monday	K of C 5300 Business Meeting, 7:30 PM
11/27/08	Thursday	Thanksgiving Day
11/30/08	Sunday	Corporate Communion, 9:30 AM Mass



District Deputy's Report
Stephen Schlesselmann, District 61

A Spiritual Thought

On September 14, we will be celebrating the Feast of the Exaltation of the Holy Cross. We need to embrace the Cross every day of our lives. As **St. Josemaria de Balaguer** states in the Forge: "When you walk where Christ walked; when you are no longer just resigned to the Cross, but your whole soul takes on its form-takes on its very shape; when you love the Will of God; when you actually love the Cross...then, only then, is it he who carries it." (page 765 of the **Way/Furrow/the Forge** by St. Josemaria de Balaguer).

August has been a very busy month and September promises to be even busier, but before mentioning some of the highlights, one of the most important priorities as Brother Knights is ensuring that Propositions 4 & 8 both pass in November. Proposition 4 is the Sarah's Law proposition and Proposition 8 is the Marriage Initiative Amendment. To underscore the importance of these Propositions, Supreme recently donated \$1,000,000 to ProtectMarriage.com. Both Propositions will be discussed at a Chapter wide workshop on September 13 at St. Paschal Baylon Church in Thousand Oaks from 9:30 AM to 12:30 AM. DD Dave Lavoie recommended that there be a representative from each council there. I agree with him.

In addition to the workshop, the Proposition 8 coalition is already out canvassing neighborhoods via neighborhood walks and informing voters about that proposition. Chapter President Cherif Khoury and myself participated in one of those walks on Saturday, August 23 with about 76 other volunteers in the Goleta and Santa Barbara areas. The coalition hopes to contact many voters over the next few weeks and needs plenty of help. For

additional information and a place to sign up, please visit www.catholicsforprotectmarriage.com (the next local walk here in the Santa Barbara area will be on September 6 from 8:30 to 11:30 AM).

Degrees:

- 1) Council 5300 will be holding a 1st Degree at their business meeting on Monday, September 8 at St. Raphael's Church Hall. Candidates should be there at 7 PM with the degree to start at 7:30 PM.
- 2) Council 1684 will be holding a 2nd degree at Serra Hall on Wednesday, September 10 at 7:30 PM in Serra Hall. Candidates should be there at 7 PM.
- 3) Council 750 in Oxnard will be holding a 2nd degree on Thursday, September 11 at the council's hall (6th and D). Candidates should be there by 6:30 PM.
- 4) The next 3rd Degree in the district will be held on Sunday, September 21, 2008 at Serra Hall in Santa Barbara (I finally received confirmation from the State). Candidates should be there by 1 PM with the degree starting at 2 PM. There will be events planned for the ladies during the degree, so wives are invited. Also, there will be a dinner immediately following the event. The next 3rd degree probably will not take place until March, 2009 in Simi Valley so plan to take advantage of this degree if you are eligible to do so.

Awards:

I just received word this week that Brother Sam Alfano from Council 5300 has received the top recruiter award for the 2007-2008 year for the Los Padres Chapter. Anyone who knows Brother Sam knows that is a long overdue award. Congratulations, Brother Sam, and thanks for all your great work! We will be presenting Sam the award at the Chapter installation on September 3 at Serra Hall.

Programs:

Council 1684 manned a soda booth at Mercado de la Norte (Mackenzie Park) and did quite well.

The earnings from this year's soda booth were the best ever. In September, in addition to the degrees mentioned above, the council will be resuming their 4th Wednesday of the month dinners at Serra Hall (the next one is on September 24).

Council 5300 also sponsored a soda booth at Mercado de la Guerra and did quite well. The earnings there were also a record. Additionally, the council hosted a membership drive on the weekend of August 9-10, 2008 combined with a blood drive and pancake breakfast. 5 men filled out Form 100s and 15 showed some interest in joining. For a complete list of upcoming events, please visit www.kc5300.org.

Council 10067 hosted a benefit tri-tip sale for one of their members, Brother Raul Castro and his family and fell slightly short of their goal. At their business meeting, PGK Ben Martinez proposed a resolution to make up their shortfall, but before the resolution could be voted on, several Brother Knights in attendance quickly donated the difference. It was a very heartwarming display of the principles of our Order: Charity, Unity and Fraternity.

Council 13756 had a quiet month of August. St. Joseph's Church (where Council 13756 is based) will be celebrating their 75th anniversary on September 14. All are welcome to attend.

Other Notes:

1) The District meeting took place in Carpinteria on August 2 but due to various circumstances, only Brother David Farebrother, GK Rufino Murillo, CP Cherif Khoury and myself were there. We had a fruitful discussion and learned that Brother David talked with Fr. Rafael Marin Leon at Our Lady of Guadalupe in Santa Barbara about possibly starting a Spanish council there to be joined with the Carpinteria council. Cherif and I then visited Fr. Leon and found out that Our Lady of Guadalupe will be undergoing some remodeling over the next year and that we should wait until that process is completed. However we will undertake some recruiting drives there and hope to gain a few Knights

that could be the nucleus for the future Council.

- 2) The news about the possible Santa Ynez council was not as positive. Fr. Michael Mahoney informed me that the Men's Group at the parish is still firmly entrenched there and does not want a Knights of Columbus presence at this time. If anyone has any ideas on an approach that might help with starting a KC council there, please let me know.
- 3) Right now, the district is at 0% of membership and 0% of insurance. During the month of July, we gained 6 new members and 2 new insurance members but dropped the same amount due to drops held over from the 2007-2008 Columbian Year. Further, as mentioned in my last report, several councils in the district have a significant number of potential drops so we have our work cut out for us.
- 4) As I state every month, there are plenty of potential members who can join our Order. All we have to do is ask. At the State Convention, our Supreme Director, Emilio Moure gave us a challenge. Emilio asked each Brother Knight present to recruit 2 new Knights before the end of the Columbian Year. In line with Emilio's challenge, I'm adding a challenge of my own, between now and June 30, 2009, I would like each one of you to recruit 2 new Knights into our Order. If you do, you may be eligible for the Shining Armor Award.
- 5) The next Statewide Blitz coming up is October 10-11, 2008. If you haven't planned on hosting blitz drives at the various parishes you serve, please plan to do so either sometime in September or on the October 10-11 weekend.
- 6) The next Chapter meeting is on Wednesday, September 3 in Santa Barbara. The Chapter Officer installation is the same night and it promises to be a fun evening. Most of the State officers will be there.
- 7) The MR drive is fast approaching and CP Cherif Khoury has requested that all Councils in the Chapter make an effort to participate. Councils 1684 and 5300 already have plans in

place to collect at many stores in the Santa Barbara area with the help of athletes from the Special Olympics.

- 8) Several parishes have shown some interest in hosting a Wheelchair Sunday. I'll keep you informed when definite dates are set.
- 9) The position of District Warden is still open to anyone who wants to apply although I'll only be serving as your District Deputy until June 30, 2009, so now is the chance for a Brother Knight to step up and learn the job. The job does require work but the rewards are well worth it!
- 10) September 11 is the annual World Day of Prayer for Peace. Each council should make an effort to mark that day either by praying the prayer card issued by Supreme, holding a special Mass, prayer service, etc. See www.kofc.org for more ideas.
- 11) The 126th Annual Supreme Convention was held in Quebec City from August 5 to 7. For a recap of the convention, please visit www.kofc.org.
- 12) Please continue to pray for all of our sick and deceased Knights in the district including Judy Klinge (PCP Brian Klinge's wife) who is suffering from various illnesses, Brother Raul Castro and Brother Don Benn (Council 5300) who recently underwent surgery.

If you have any questions or need any assistance, you can contact me at (805) 968-9440 or by email at sjschlesselmann@cox.net.



Report of the 4th Degree
SK Jack Turney, Faithful Navigator

BLUE MASS HONORING POLICE, FIRE-FIGHTERS AND OTHER SERVICE PEOPLE

A Blue Mass will be held on September 15th to honor those service people that provide protection to us, as well as our property. These would be the policemen (and women), sheriffs, CHP, firemen (and women) and the various armed services. The Blue Mass will be celebrated at St. Raphael's

Church starting at 6:00 PM. A social gathering and buffet dinner after Mass will be in the Parish Hall. Representatives and their spouses from each of the services have been invited to attend the Mass and receive a complimentary dinner. Also invited to attend, and participate in, are the members and wives of Councils 1684, 5300 and 13756. In light of the recent fires we have seen, this will be an opportunity to show our appreciation to those who have put their lives on the line for us. The cost of the meal will be \$20 per person.

RSVP to Jack Turney at 967 9473 if you are planning to come to this important event. An accurate head-count is needed for the cooks.

NEEDED: POLLING PLACE WORKERS

The November 6th Elections are fast approaching and the Junipero Serra Assembly and Council 5300 are putting together their teams of polling place workers for this important election. Currently there are three precincts to be manned, all at St. Mark's Church in Isla Vista. For this election, the County Elections Office is requiring that 1 more clerk be added to the normal contingent of 5 and your help is needed to fill these positions. Each precinct will have a crew of 12 people, half of whom will work in the morning from 6:00 AM until 1:30 PM; the other half will work from 1:30 PM until closing of the polling place is completed at about 9:00 PM. This is an important fund raiser for the Council and the Assembly. The monies that the County pays for manning these precincts is given directly to the Knights of Columbus and deposited in their respective general funds to be used for charitable donations. If you are interested in helping out (**widows are also invited to participate**), please call Paul Coyne, Vote Center Coordinator at 975 7880.

BIRTHDAYS FOR SEPTEMBER/OCTOBER

The following Sir Knights are celebrating a birthday during the months of September and October. We will honor them at our October dinner meeting with special recognition, and for those able to attend the meeting, a free dinner.

Most Rev. Patrick Ziemann	09/13
George Bourgeois	09/17
Jim Schooter	09/25
Carlos Valenzuela	09/28
Dan Knauss	09/30
Tom Puerling	10/03
Stephen Schlesselmann	10/03
Nicholas Curran	10/08
Joseph Duwel	10/09
John Vogel	10/09
Francisco Cabrera	10/10
Lawrence Huard	10/11
John Kirk	10/11
Robert Montgomery	10/12
Bro. Philip Morales	10/12
Ken Kuether	10/13
Rev. Thomas Messner	10/16
Raphael Cardenas	10/22
Rafael Sanchez	10/24
Ralph Wengler	10/25
Frank Mackey	10/31

CALENDAR

September Officers' Meeting	09/02
(Note: Due to the Labor Day Holiday, the Officers' Meeting will be on TUESDAY)	
September Blue Mass & Dinner	09/15
October Officers' Meeting	10/06
October Dinner Meeting	10/20

TOOTSIE ROLL DRIVE IN OCTOBER

Mark your calendars for the 4th weekend in October. That is when the Tootsie Roll Drive will take place. This year we want to make a special effort to support our respective Councils in their efforts. This is not just a Council event, it is a Knights of Columbus event. All the monies raised are given to Special Olympics and Hillside House. When you are called to help, say "here I am Lord"!

COLOR CORPS CALL-OUT

Sunday, September 14 at 10:30 AM, St. Joseph's Church to celebrate their 75th Anniversary. Those wishing to car-pool should meet at St. Raphael's at 9:45 AM.

Monday, September 15 at 6:00 PM, St Raphael's Church, "Blue Mass".

Friday, September 26 at 7:30 PM, Bishop Homecoming, SBCC Stadium, meet at Stadium Entrance.

Please let SK Paul Coyne know if you can attend: 967 7880.

KEEP IN YOUR PRAYERS

Judy Klinge, wife of Trustee Brian Klinge, Msgr. Henry Van Son, Heidi Good-Swiacki, daughter of Walter Swiacki, Cherif Khoury's sister, Jacques Benoit's mother, Steve Schlesselmann's niece in Alaska and Don Benn, member of Council 5300, Roberta Coyne, wife of Paul Coyne.



Chancellor's Report
SK Mark Vampola, Chancellor

As the summer comes to a close, I am reminded that with (almost) all beginnings, come their ends, and with those ends, come new beginnings. This summer transitions into fall and for those with school age children, it's the beginning of a new school year. For me as a Scout leader, it's also the beginning of a new year full of activities, with a bunch of great kids that are now that much older and have transitioned to a new rank. With school age children, that individual transition and growth is nearly inevitable as we help the children move along and grow, by getting them to school and their various activities from which they learn about their world. Many of us have gone past that point and our children are all grown up, and even have children of their own. But there is still room for growth, both from within, and by continuing to encourage others around us to grow also.

So what does this have to do with the Knights of Columbus? Well, the majority of the activities that we are involved in, are of two types, service projects and social events. These promote the first three principles of our Order, charity, unity, and fraternity. These activities are meant for all

of us to participate in, and by doing so we encourage inner growth. By encouraging newer Knights to also participate in these activities, we reinforce these principles as well. In the coming months of September and October, locally we have many opportunities for our members to participate in community service projects as well as social events for us to enjoy the company of fellow Knights and make them more a part of our own family. There are also many degree dates planned for First, Second and Thirds Degrees, as well as a Fourth degree coming up in November. Are you, or do you know a First, Second, or Third Degree Knight? There is no time like now to take that next step to another degree, and continue the growth as a Knight of Columbus.

The Mentor Program, which our Deputy Grand Knight, Bill McLafferty, started last spring, is designed to help encourage our newest Knights to become more involved in many of the activities that we do. I do strongly encourage all First, Second, and Third Degree Knights to take the next step to the next degree, and for these mentors to do the same.

Keep up the prayers! There are many thanks from the Klinge family for everyone's prayers. Judy Klinge (wife of PGK, PCP Brian Klinge) has had a turn for the better. With improved diagnosis and treatment through UCLA, Judy's health is improving and she is now able to get around some and even do some light garden work outside! Please continue to pray for her well-being and that of her family. Other folks who need our prayers include Brothers Raul Castro, Don Benn, and Roberta Coyne (wife of Paul Coyne). In addition, there are family members of ours that need our prayers, including Stephen Schlesselmann's niece (Sheila Purcell), Heidi Good-Swiacki, daughter of Walter Swiacki, Cherif Khoury's sister, Jacques Benoit's mother, and my brother's wife. Another dear friend, parishoner of St Raphael Church, and a long time, humble friend of Cub Scouting & Boy Scouts, Lynn Spear has passed away at home after a long struggle with terminal cancer. He is survived by his wife Mary, two sons, a daughter, and two grandchildren.



Insurance Agent's Report
David Farebrother, Field Agent

IT SEEMS LIKE JUST YESTERDAY...

Any parent reading this will quickly come up with countless ways to complete that sentence. The point is time flies, and tomorrow will arrive quicker than expected. Will you be ready?

If you meet annually with your professional Knights of Columbus agent, and address the needs that his analysis uncovers, the answer - at least financially - will be "Yes". During that annual visit, he'll take the time to review your needs, goals and budget. And he'll recommend a program of life insurance, long term care insurance and guaranteed income annuities that will help you rest easy at night.

Paying for college for your children may be one of your family's current needs. Or you may be concerned about a comfortable, worry-free retirement. Or about needing costly long term care that could deplete your hard-earned assets. Or about having something to leave for your children or grandchildren.

Whatever your needs, whatever your concerns, I can help.

To contact me with regards to this, please email me at dlfarebrother@aol.com or call me at either of the numbers listed below. I look forward to hearing from you.

Fraternally,

David L. Farebrother, FICF
CA DOI Lic # 0E54974
Office (805) 684-0053
Cellular (805) 766-2144





Pro-Life Director's Report
Bob & Cecilia Marks
Pro-Life Couple

Some Protestants find spiritual appeal
in natural family planning

Taking a page from Catholic doctrine, Protestants are avoiding artificial contraception for religious reasons

By Eileen E. Flynn
AMERICAN-STATESMAN STAFF
Sunday, August 10, 2008

Phaedra Taylor abstained from sex until marriage. But she began researching birth control methods before she was even engaged, and by the time she married David Taylor, she was already charting her fertility.

Taylor, a fresh-faced 28-year-old who would blend in easily with South Austin bohemians, ruled out taking birth control pills after reading a book that claimed the pill could, in some cases, make the uterus uninhabitable after conception occurred. She viewed that as abortion, which she opposes.

"I just wasn't willing to risk it," she said.

Taylor wanted her faith to guide her sexual and reproductive decisions after marriage. Natural family planning felt like the best way to honor God, she said.

The Taylors are one of several couples at Hope Chapel — a nondenominational church where David Taylor, 36, was the arts minister for 12 years — who practice natural family planning. Christian scholars say they may reflect a growing trend among non-Catholic Christians who are increasingly seeking out natural alternatives to artificial contraception.

Natural family planning is frequently dismissed by Protestants as an outmoded Catholic practice that most Catholics don't even follow anymore. But 40 years after Pope Paul VI released *Humanae Vitae*, the document outlining the church's position on marital sex and

procreation, the method and the theology behind it are earning respect among some young Protestants, according to Christian scholars.

The 1968 papal encyclical explains the church's interpretation of the moral and natural laws, which includes a prohibition against artificial contraception but allows couples who want to plan their children to "take advantage of the natural cycles immanent in the reproductive system and engage in marital intercourse ... during those times that are infertile."

This approach, for years known as the rhythm method because it relied on a calendar to track a woman's ovulation based on past cycles, underwent improvements over the years, becoming a more reliable system known as natural family planning.

The natural family planning movement among Protestants is difficult to quantify, but there appears to be growing interest, said the Rev. Amy Laura Hall, a Methodist minister and associate professor at Duke Divinity School. Because she's one of the few Protestant scholars writing about reproductive issues — her latest book is called "Conceiving Parenthood" — Hall frequently fields questions from Christians about family planning at conferences and by e-mail.

She said they ask questions like whether it's truly Christian to be preoccupied with finances and getting children into the right schools rather than welcoming children as gifts on loan from God — even if they don't fit into the parents' ideal life plan.

Alexis Dobson, an instructor with the Fertility Care Center of Central Texas, said she's noticed more people who say they are Protestants enrolling in classes, joining the standard flock of Catholic couples required to take at least one class to have a church wedding. Dobson has worked with the Taylors and other couples from Hope, helping them not only avoid pregnancy but achieve conception as well.

Usually, she says, women hear about the method from a friend. That's how it happened for Katie Fox, 31, another Hope Chapel member. After learning about the method from an acquaintance, she researched her options.

Before getting married, she took the pill to

regulate her menstrual cycle, but she said it had negative side effects. Other forms of birth control such as condoms didn't appeal to her. When she got married, she and her husband used natural family planning.

Failure rates can be as low as 1 percent but can rise to as high as 25 percent when people do not follow the method perfectly, experts say.

Overcoming hurdles to faith

Fox was raised Catholic but said her mother didn't agree with the church's stance on contraception. Only after she became an adult and left Catholicism did she begin to appreciate that part of church teaching, she said.

"I feel like it really works in harmony with the way that God designed our bodies to work," she said. "In contrast with the pill, which works by altering and suppressing our natural systems, NFP works by supporting those systems in harmony with their functions. It goes with the flow, so to speak. There is a wisdom and a rightness to that which I really appreciate."

She now is a nondenominational Christian and has a 1-year-old daughter. The method worked, she said, until she and her husband got lazy one month and had sex during Fox's fertile period. But the pregnancy, she said, helped remind them that God was ultimately in charge.

Megan Tietz, a 31-year-old mother of two who has written about her family planning choices on her blog *Sorta Crunchy*, said she and her husband also sought to put their trust in God. Although Tietz, a Baptist who lives in Oklahoma, said she doesn't believe today's birth control pill causes abortions, she does see it as a hurdle to her faith.

"The only spiritual objection I have to birth control is that for me, using hormonal birth control indicates that I don't really trust God with every area of my life," she wrote in an e-mail. "It is an effort on my part to control something that I really believe God can be trusted with."

For David Taylor, the question of how best to faithfully plan families reveals "a fascinating examination of God's sovereignty and human free will."

With a pill, he said, people are in control. But "what does it mean to submit your physical

bodies to God's sovereign care? ... God has given us power and freedom to exercise that decision. We can say, 'God, we're going to respect the rhythms you have given us.'"

For Phaedra Taylor, avoiding artificial contraception falls in line with her efforts to eat foods that are in season and grown locally and to be a good steward of the Earth.

And they both said the method draws them closer. At a coffee shop near her home in North Austin recently, Phaedra Taylor pulled out a chart covered with an assortment of red, green and white stickers indicating when she and her husband can have sex and when they must abstain to avoid pregnancy. The two are planning to move in January for David's graduate school work and want to wait a few months before trying to conceive.

The method doesn't work for everyone.

Five years after writing "Open Embrace: A Protestant Couple Rethinks Contraception," Sam and Bethany Torode, then parents of three, changed their minds about natural family planning. In a letter on the Web, www.torodedesign.com/NEW/embrace.html, they wrote: "Our personal experience in the past five years has shown that we had a lot to learn about NFP, and that there is a dark side we weren't aware of."

Though the book said that natural family planning only involved a short period of abstinence, the couple wrote that they didn't know that during breast-feeding cycles it often involves month-long periods of abstinence and what they called intense stress. "During such times (as well as during menopause and stressful life seasons), strict NFP reaches a point where it is more harmful for a marriage than good," they wrote.

Finding unlikely allies

Protestants who choose the natural family planning route often find they are navigating tricky terrain that puts them at odds with older generations and makes them unlikely allies with Catholics.

Historically, Hall said, some of the Protestant perspective on contraception stemmed from an

antipathy toward Catholic and fundamentalist families.

The Anglican Communion — the worldwide body that includes the Episcopal Church in the United States — lifted the ban on contraception in 1930. In the 1950s, Methodist literature advocated limiting the number of children, Hall said, with the ideal being a two-child, gender-balanced family. Women's rights activists have also supported contraception in previous generations because they believed limiting the number of children would empower women.

Now, as Protestant couples grapple with spiritual questions surrounding reproduction, many are being told by their pastors that they're "crazy or irresponsible to consider not being on the pill," Hall said.

That can make it doubly intimidating for a woman to try to explain to her pastor that she wants to follow the rhythm of her body, she said, adding with a laugh, "Protestant pastors are not used to talking about vaginal fluids."

The Taylors agree that Protestant pastors need to generate a more robust discussion about family planning and sex within marriage. "My guess," David Taylor said, "is that most churches are not talking about sexuality."

**Joseph Darga, Treasurer for Council 5300,
Active with Donate Life Ambassadors Program**

By Joe T. Kovach, 3rd Degree Knight



Joseph Ronald Darga has served as Treasurer of the Knights of Columbus, Council 5300 since 2005 and has been an active member since joining in 1999 when Jesse Garcia sponsored him.

The native of Detroit, Michigan stated, "The best things about being a KC member are meeting

more people (Knights) in our church, volunteering for fundraising events and doing something to help others." Joe added, "Working the Coke Booth at Fiesta with my family stands out as a special KC event never to be forgotten."

Working more closely with the Parish Youth Groups and the Boys and Girls Scouts is an undertaking Joe recommends the Knights take. Two of his goals are to continue as Treasurer and to work on KC fundraising events.

Two special reasons why Joe recommends the men in the parish join the Knights are the awesome insurance plan and meeting other Catholic men who help make the KC's so special.

Joe, his wife Karen and family moved from West Covina in 1970 to Goleta and have been St. Raphael parishioners since. Before marriage, they had met while working for Burroughs Corp. in Pasadena. Joe and Karen Jean Mammen were married on November 24, 1962 at Holy Family Church in South Pasadena. Karen was born in Chicago on May 12, 1942 and has a brother Ronald living in Sacramento. Joe was born February 11, 1934 and has a sister Constance who resides in Michigan. He graduated from Burbank Grade School and Edwin Dendy High School in Detroit. His father, Joseph was born in Detroit; his mother, Hattie in Poland.

Joe and Karen have three children, the oldest David and his wife Celeste have three sons, Ryan 16, Curtis 13 and Dylan 11 and all live across the street from them, so that is a big plus for family get-togethers. Their married daughter, Cheryl lives in Long Beach with her husband David and their two children, Megan 14 and Justin 10. Their youngest son Paul and his wife Jennifer live and work in Goleta.

Besides Karen's motherhood responsibilities in 1976 she obtained her Real Estate License and performed quite well in sales. Then in 1996, she passed her broker license test and started her own Real Estate Company called "South Coast Realty." Sons David and Paul both work for her now and they specialize in property management and manage over 170 units in the Santa Barbara, Goleta and Carpinteria area.

Joe served in the U.S. Navy from 1956 to 1958 and was stationed at Kirkland Air Force Base in

Albuquerque, New Mexico. Soon after his Naval discharge he began to work for Burroughs Corp (1959-1981), first as a Field Engineer maintaining large computer systems. In 1961, he was transferred to Pasadena in a technical support position and in 1970 he was transferred to Santa Barbara as a Manager of a Product Test Group. In 1981, when Burroughs decided to move from Santa Barbara, he left Burroughs for a position with Santa Barbara Research Center (SBRC) as a Product Test Engineer. He retired from SBRC in 1995 as a result of a heart condition.

"Hard work and, in management, I had the good fortune to be surrounded by good people (they made me look good)," responded Joe as to his successful career. He added, "Setting priorities" was an added key to his success.

Asked to detail his experience as a recipient of a donated heart and a volunteer spokesman for OneLegacy, Mr. Darga described it beautifully. "In 1995, I was diagnosed with cardiomyopathy, a virus had settled in my heart and it was slowly deteriorating. The only known cure was a heart transplant. For the next six years, our busy family life was slowly replaced with numerous trips to my cardiologist, Cottage Hospital and UCLA Medical Center. In April of 2002, I was placed on the UCLA Heart Transplant List. On June 29, 2002, at age 68 and weighing 103 pounds, I received a heart from a 42-year old Hispanic man from Stockton, Calif. Receiving that gift of life, a new heart is the most wonderful event that has ever happened in my entire life. During my recovery, I felt I must do something in return for this very special gift. In 2003, I was trained as an Ambassador for OneLegacy, a nonprofit Organ Procurement Organization serving Southern California. I had a new perspective on life, living and giving and a mission to promote donor awareness in my community. Since then, I have shared my story at numerous high schools, local organizations, St. Raphael's, hospitals and community events. Each morning, I awake and thank God for this new life and also the wonderful family in Stockton for saying "YES" to donation. I am now proud to say I'm the only half Polish, half German Knight in Southern California with a Mexican heart!

As a result of my effort in promoting organ and tissue donation in the Santa Barbara area, OneLegacy has selected me to represent the Donate Life Ambassadors Program as a rider on the 2009 Donate Life Rose Parade Float, "Stars of Life." If you watch the parade on January 1st, look for the Donate Life Float, I will be on it and waiving to you all.

For anyone seeking information on organ or tissue donation or organ transplantation, please call Mr. Darga at 964-3264. Also visit www.donatelifecalifornia.org to sign up as an organ and tissue donor.

Other interesting personal items:

- Favorite food: Filets;
- Favorite meal Karen prepares: Her special chicken dishes;
- Favorite meal you prepare: French toast for breakfast;
- Favorite local restaurant: Beachside Bar & Grill;
- Favorite TV program: History Channel;
- Favorite movie of all time: Rocky
- Favorite sport to watch live or on TV: Ice Hockey;
- Favorite sport as a participant: When young, Ice Hockey, Golf now;
- Favorite travel destination: Hawaii;
- Favorite St. Raphael Pastors/Priests: They all have been great;
- One word to describe us at Church: Friendly;
- One word to describe me at KC meetings: Active;
- One word to describe the Knights of Columbus: Gentlemen;
- One word to describe St. Raphael: Calming;
- Growing up, I always thought I'd be a: Fighter Pilot;
- My parents were right when they told me: Follow my dream and go to California;
- Greatest personal moment as a husband: Birth of our first child;
- Advice to youngsters: Follow your dream and work at it;
- If I had 3 wishes they would be: Life long health for our children and grandchildren.

(Grand Knight's Rpt, continued from page 1)

His hands Hushing contention
Pointing to Heaven Ever free of sin
Then bidding man to follow Him

They take His hands
His mighty hands
Those gentle hands and then they pierce them
They pierce them
He lets them because of love

From birth to death was selflessness and clearly
now

I see Him with His hands calling to me
and though I'm not yet how I could be
I will make My hands like those from Galilee

To serve others willingly and unselfishly should
be one of our greatest virtues. It is not even a
matter of choice. It is an obligation, a sacred
command...Therefore, let us serve one another
with brotherly love, never tiring of the demands
upon us, being patient and persevering and
generous.

KNIGHT OF THE MONTH

Vince Filippello

By Dan Knauss, Grand Knight



This month's Knight of the Month belongs to Vince Filippello. There are so many Knights who can easily be picked as the Knight of the Month but this month Vince stood out. He, along with his wife Sandra deserve our appreciation and gratitude for the effort they put in.

Last month our big effort was to make sure the Coke booth was set up and ready to go and Vince was instrumental there. He was able to secure the

Coke machine from St. Joseph's in Carpinteria and arrange to be there to help get it moved De La Guerra Plaza. Sandra was on the phone during that time communicating with other helpers to get them where they needed to be so we had all we needed to get the job done. In addition, Vince was there early on the Saturday before to help John Vogel's team set up the booth.

You may have been able to attend this month's Family Social and if you did you would have seen Vince and Sandra again participating in getting the decorations up, getting the food ready and supporting the event with their enthusiasm. It is because of Knights and their families like Vince and Sandra that make the events fun and successful.

Vince has been a Knight since he took his first degree on December 13, 1999 sponsored by PGK Francis Donohoe. He took his second degree on January 31, 2000 and his third degree on January 27, 2002. Thank you, Vince, and thank you, Sandra, we couldn't have done it without you.

FAMILY OF THE MONTH

Mike & Mirtha Donovan

By Dan Knauss, Grand Knight



The Family of the Month for August has to go to a key couple who made our first Family Social of the Columbian Year 2008-2009 such a fun event and that couple is Mike and Mirtha Donovan. When I began the daunting prospect of putting together a social that would host as many as a hundred people with a theme and fun stuff for the families to do I thought I was in way over my head. I asked PGK Francisco Cabrera for guidance and he said call Mike and Mirtha. I

can't tell you what a great idea that was.

Mike and Mirtha have a busy travel schedule and were not going to have a lot of time to work on it but they graciously made the time. They had us over for lunch which was wonderful and worked with my wife Jackie and me along with Francisco and Maria Cabrera to organize the wonderful event. They obtained decorations and music, organized helpers and set up the hall to give the Luau its appropriate atmosphere.

Mike has been a Knight since March 24, 1987 when he took his first degree sponsored by PGK Bernie Jochum. His Second Degree was on May 16 of that same year and his Third Degree was on July 19, also in 1987. It was not until November 8, 1997 that Mike entered the Fourth Degree. Since then he has been Council 5300's Grand Knight in the Columbian Year 2001-2002, the Faithful Navigator for the Columbian Year 2003-2004 and is currently in the Color Corps.

Without families of the Knights of Columbus like Mike and Mirtha Donovan, new Grand Knights like me can tackle the events on the calendar with some confidence. Thank You, Mike and Mirtha.

(Program Director's Rpt continued from page 2)

It should be a great time for all, whether or not you like German beer.

The St. Raphael Church annual picnic is rapidly approaching on the calendar. The date is September 28th and an organization meeting was recently held by Chairman Sam Alfano. Council 5300 will be selling tri-tip sandwiches and running the beer booth again. This is another excellent time to get involved with the Knights if you sign up for assistance at the event, especially for the new members. The Boy Scouts will need help this year in the Saturday setup of the booths because of another conflict which will take many of them away for the weekend. Call me or Sam Alfano for details on what you can do to help, either on that Saturday or on the day of the picnic.

Jim Bradbury took the Coke Booth to his home after Fiesta and is redoing most of it. He will need assistance at some point in painting the booth and volunteers are welcome to help out. He

promises that the booth roof will be higher next year (looking out for Paul Curzan maybe?). We're also looking into a new sign for the booth. He will also construct a pallet to hold the boxes of soda syrup at the rear of the booth so that the boxes will not be damaged by excess water on the floor. Next Fiesta will feature a new Knights' booth that will make us proud. This is one of our major fundraisers for the year, and we need to improve our physical appearance and working conditions. The new booth is an important project. Thanks, Jim!

Never one to say no to anyone, Sam Alfano is also heading up the big October event, the Columbus Day dinner on October 11, 2008 in the Church Hall. He calls it "Festa Italiana" and the menu is pasta and sausage, with antipasto and garlic bread and a special Italian dessert. There will be accordion music and a sing-along for entertainment. Tickets are \$15.00 for adults, children under 12 are \$5.00. Tickets may be purchased at the rectory office or from Sam and/or Livia Dodero. You can call Sam at 967-0595 or Livia at 967-4153. I'm sure some of the Knights will be assigned tickets to sell (watch out for Janet Page- she won't take no for an answer!)

It looks like a busy fall for the Knights of 5300. Volunteer for one or all of these events. We need your help. God Bless those who help at event after event without complaint! They are the backbone of the council.

ANNOUNCEMENT

Thank you to Council 5300 for the publication in the K of C bulletin, this past March, of Heidi Good-Swiacki's Fundraiser BBQ at Bishop High. It was a tremendous success. Heidi has ALS, more commonly known as Lou Gehrig's disease. Stephen Swiacki (Heidi's husband) is the son of PGK Walter Swiacki.

Heidi's condition continues to deteriorate. She was admitted to Cottage hospital on August 13, where she underwent surgery for a tracheotomy/ventilator and a feeding tube. We

are hoping she will have a voice capability added in the near future, so that she can speak.

She remains bedridden, can only move her head a slight degree, but she has the capability to type on her laptop, one letter at a time, via a sensor attached to her glasses and a virtual keyboard on her screen.

Stephen and Heidi continue to marvel about the turn-out to the BBQ, by the Knights of Columbus from Council 5300.

Please continue your prayers for God's healing grace for Stephen, Heidi and their children, Ashton and Christopher.

May God continue to bless your good works.

Fraternally yours,
Walter Swiacki, PGK Council 5300

Thank you so very much for the kind generosity of US\$500 from the Knights of Columbus Goleta Valley Council 5300. Without the kind generosity and compassion of folks like you, our work and mission in Namibia would not be possible. Below is a brief description of our work, and two photos. One of myself and a home care client with two CAA home care volunteers and another picture of myself and some orphan children in our after school program.

Again, thank you so very much for your kind generosity to an ol' St Raphael's and Bishop graduate!

Sincerely,
Fr. Richard Bauer, MM, LCSW
Maryknoll Missioners
PO BOX 40753
Windhoek, NAMIBIA

rbauer@maryknoll.org
richardbauermm@mac.com (travel)



Catholic AIDS Action (CAA) was founded in 1998 as



Namibia's first church-based response to the country's HIV/AIDS crisis, which had already

reached pandemic proportions. It has since grown to be one of the largest non-governmental organizations responding to AIDS in the country. With the motto of, "The Courage to Fight and the Strength to Care" our mission statement is: Acting in the Spirit of Christ, Catholic AIDS Action challenges the AIDS pandemic in Namibia with the Courage to Fight and the Strength to Care for the benefit of all. In pursuing justice and empowerment, and through holistic spirituality, CAA builds on Roman Catholic affiliated groups, other denominations, institutions and local communities to inspire and support programs of HIV/AIDS prevention and care and support to adults and children affected by and infected with HIV and AIDS.

Catholic AIDS Action builds on its network of 91 parishes, over 300 outstations (small rural faith communities), 16 Roman Catholic hospitals and health care institutions, and 31 affiliated schools and hostels. Increasingly, Catholic AIDS Action works in partnership with other churches and faith-based organizations, NGO's, the business sector and Government of the Republic of Namibia ministries. In April, 2001, Catholic AIDS Action became an independent Trust, an associate body of the Namibian Catholic Bishops Conference. We are officially registered by the Namibian Ministry of Health and Social Services. Other church denominations have also participated in Catholic AIDS Action's training, used Catholic AIDS Action materials and followed our basic program design. All of our services are provided without any sort of religious or ethnic discrimination.

The work and mission of Catholic Aids Action has four principal focuses: home-based family

care and counseling, youth education and prevention, care and support to orphans and vulnerable children, and voluntary counseling and testing.

Home-based Family Care and Counseling

The philosophy of Catholic AIDS Action is rooted in a client-centered approach that seeks to build on existing resources within the family and community at large. We currently have over 1,600 active volunteers providing services for over 7,000 HIV positive clients and their family members and support systems. Support often includes counseling and emotional or spiritual support, practical assistance with household chores such as cooking and cleaning, encouragement to “live positively” through good nutrition with locally available foods, talking openly about one’s HIV status, and preventing the infection’s further spread. Referrals for medical intervention are made in conjunction with local church and government health institutions.

Home based care volunteers receive 84 hours of training and education and then are supervised on a monthly basis by Catholic AIDS Action staff. Catholic AIDS Action volunteers are now providing a key role for individuals enrolled in anti-retroviral treatment programs, providing support for patients for medication adherence and compliance (for both anti-retroviral treatment and TB treatment). Volunteers are also daily in their communities providing awareness information and education and working to decrease stigma and discrimination toward people living with AIDS and HIV.

A pilot project to introduce true palliative care in the home based care setting is now underway. This project will add a full time nurse that will assist in the supervision of community volunteers, increase linkages and referrals with health institutions and provide quality pain management.

Education and Prevention

While caring for those already infected with HIV/AIDS is one of the core programs of Catholic AIDS Action, it is equally important to prevent people from becoming infected in the first place. All people, but especially young people

who are the most sexually active and vulnerable, need to be educated and empowered to prevent the spread of the virus.

Two curricula, Adventure Unlimited for younger children and Stepping Stones for older youth and adults, utilize strong participatory learning strategies to empower participants to become aware of HIV infection and AIDS, and develop strategies for behavioral change to prevent infection. These curricula not only provide education on HIV infection, but equally important, discuss the additional cofactors for positive community health: effective communication skills, gender issues, the role of alcohol and AIDS, relationship and intimacy skills, and identifying cultural norms and practices. These programs help participants to not only acquire the information, but perhaps more importantly, the motivation and values needed to change complex behavioral patterns. Over 350 trained, supervised volunteer peer educators are implementing these curricula throughout Namibia, reaching over 7,300 young people each year.

Orphans and vulnerable children

As the number of Namibian orphans grows daily, Catholic AIDS Action’s work in this area has also grown tremendously. This program is also volunteer based and offers love, solace, and practical support to over 16,000 registered children. The work of supporting these children begins before the child is orphaned, helping parents with their planning and transition. After the parent has died, Catholic AIDS Action continues to work with the children’s caregiver(s) in the community to continue to provide support. This may include referrals for medical intervention, encouragement and support for education, provision of supplemental food, support groups and after-school programs, grief work, special holiday camps, and community advocacy. The “Saving Remnant” program has now placed 600 of the “best and brightest” orphans into secondary education. Five young scholars are now being supported to complete their University Education.

Voluntary Counseling and Testing

In partnership with IntraHealth, Catholic AIDS Action now operates two Voluntary Counseling and Testing Centers in Namibia. These centers provide free, quality, confidential testing for HIV. For those who test positive, referrals can immediately be made to Catholic AIDS Action volunteers for ongoing support, as well as local health facilities for medical intervention. For those testing negative, they can be referred to Catholic AIDS Action prevention activities to help and support the individual to stay "negative." CAA is now providing testing services for over 6,000 individuals each year.

Management and Administration

Catholic AIDS Action is a department of the Namibian Catholic Bishops Conference and is registered in Namibia as an independent trust under Trust T95/2001 and as a welfare organization WO189. Funding comes primarily from International donors with local support coming primarily in the form of volunteer time and talent.

The current organization's staff consists of 13 full-time staff members at the national level to provide monitoring, supervision and support in 14 regional offices. Five regional managers ensure that proper supervision to staff and to volunteers and peer educators is provided.

CAA has a track record for extensive community based work throughout Namibia. Our volunteers and programs are well known and respected by community leaders, the general population and the government of the Republic of Namibia. CAA has been a national leader in training and supervision of CAA volunteers, as well as volunteers and paid staff from other government, NGO, and FBO organizations.



September Birthdays

William J. Molloy	09/01
Robert J. Shull	09/02
Robert P. Richards	09/05
Theodore L. Osborne	09/06
Glenn T. Schiferl	09/10
James E. Cota	09/13
Kenneth M. Horst	09/14
Raymond G. Tafelski	09/17
Joseph A. Talarico	09/17
Lorenzo R. Zabala	09/20
Horace J. Shooter	09/25
Carlos C. Valenzuela	09/28
William C. Fuhrer	09/29
Daniel P. Knauss	09/30

Article Submissions (Articles need to be in by the 20th of the month)

All articles are to be submitted to:

Grand Knight Dan Knauss
(805) 964-2442 daniel@gvoptical.com

District Deputy Stephen Schlesselmann
(805) 968-9440 sjschlesselmann@cox.net

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KNIGHTS OF COLUMBUS

PHOTO GALLERY

Fiesta Coke Booth, July 30-August 2, 2008

KofC Parish Breakfast/Blood Drive/Blitz Drive, August 10, 2008

Special Olympics Check Presentation, August 11, 2008

Fr. Paul Devot Installation Mass at Our Lady of Sorrows, August 17, 2008



PGK Francisco Cabrera's staff pose for their picture in the Soda Booth during Fiesta.



Brothers Al Mecklenborg, Raphael Cardenas and PGK Francisco Cabrera pose in the Soda Booth.



The blood drive and kitchen crew at the Parish Breakfast/Blood Drive.



Brother Patrick Donohoe, Evelina Curzan, Brother Larry Stigney and Maria Cabrera wait to donate blood.



GK Dan Knauss and PGK Francisco Cabrera present a Special Olympics check to Brother Rick Zabala.



The Color Corps pose for their picture at the Paul Devot Installation Mass.

Special Olympics Presentation-4th Degree Meeting, August 18, 2008
Family Social-Luau, August 25, 2008



Faithful Navigator Jack Turney, GK Dan Knauss and PFN/CP Cherif Khoury pose with Sara Sparanto after Sara's Special Olympics presentation.



Mirtha Donovan and Maria Cabrera serve dinner during the luau.



The Knauss family pose for their picture at the luau.



The many Brother Knights and family members who made the luau the success it was.



Members of the Aiga Dance Troupe performing one of their Hawaiian dances



Brothers Paul (his wife, Roberta), Don Aubrey (his wife, Lucille) and Joe Pando (his wife, Eileen) dance during the luau.

KNIGHTS OF COLUMBUS, COUNCIL 5300 OFFICERS FOR YEAR 2008-2009

Grand Knight	Daniel Knauss	(805) 964-2442	daniel@gvoptical.com
Chaplain	Rev. Tomas Elis	(805) 968-1078	frtom@saint-marks.net
Deputy Grand Knight	William McLafferty	(805) 685-4284	jwmcljr@cox.net
Chancellor	Mark Vampola	(805) 968-9815	vamperz@cox.net
Warden	Tim Hogan	(805) 683-6344	t4210@cox.net
Advocate	Ed Barrier	(805) 683-4534	ebarrier@att.net
Recorder	Brad Bowen	(805) 683-2246	btmsb@aol.com
Financial Secretary	Bill McNamara	(805) 964-4526	billmcnamara2@cox.net
Treasurer	Joseph Darga	(805) 964-3264	newheart1229@cox.net
Lecturer			
Outside Guard	Jose Meza	(805) 682-8637	
Inside Guard	Raphael Cardenas	(805) 882-1136	ggcon51@att.net
Trustee-Three Years	Francisco Cabrera	(805) 964-9485	fcocabrera@cox.net
Trustee-Two Years	Stephen Schlesselmann	(805) 968-9440	sjschlesselmann@cox.net
Trustee-One Year	Francis C. Arnoult	(805) 964-6324	francisarnoult@cox.net

SERVICE PROGRAM ORGANIZATIONS

Program Director	William McLafferty	(805) 685-4284	jwmcljr@cox.net
Church Director	Francis C. Arnoult	(805) 964-6324	francisarnoult@cox.net
Community Director	Vacant		
Council Director	Tim Hogan	(805) 683-6344	t4210@cox.net
Family Director			
Youth Director	John Vasellina	(805) 964-3466	srym12@yahoo.com
Pro-Life Couple	Robert & Cecilia Marks	(805) 968-6008	bobceci_marks@yahoo.com
Membership Director	Sam Alfano	(805) 967-0595	r123range1@cox.net

OTHER IMPORTANT CONTACTS

Supreme Knight	Carl Anderson	(203) 772-2130	info@kofc.org
State Deputy	Bob Villalobos	(707) 744-8647	state.deputy@kofc-california.org
District Deputy	Stephen Schlesselmann	(805) 968-9440	sjschlesselmann@cox.net
Faithful Navigator	Jack Turney	(805) 967-9473	jacknchrista@verizon.net
Insurance Field Agent	David Farebrother	(805) 684-0053	dlfarebrother@aol.com

CALLING COMMITTEE-COLUMBIAN YEAR 2008-2009

Abels-Bishop	Mary Arnoult	(805) 964-6324	fcarnoult@juno.com
Bonham-Cohen	Lucille Aubrey	(805) 683-4546	luaub@cox.net
Connors-Fuller			
Gallegos-Kubecka	Judy Klinge	(805) 967-4753	jak63@cox.net
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Meza-Osborne	Elaine McNamara	(805) 964-4526	billmcnamara@alum.mit.edu
Page-Schlesselmann	Chawa Ramirez	(805) 964-3775	
Schiferl-Uthe	Julie Sanchez	(805) 964-3398	
Valenzuela-Znovena	Cathy Wengler	(805) 967-3109	cswret@cox.net
Widows	Don Aubrey	(805) 683-4546	donaubrey@cox.net



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